GROCERY BUDGET MAKEOVER

The Type None Meal Plan Solution

Let's just write down 3 to 5 meals that you can make at home this week. Then use the lines below to write down the ingredients that you need to make these.

(Yes, this means you need to check your pantry and freezer for what you already have on hand!)

1. Meal #1:

2. Meal #2:

3. Meal #3:

4. Meal #4:

5. Meal #5: